




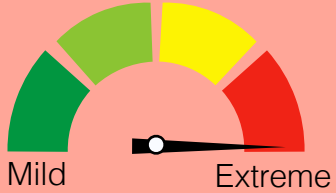
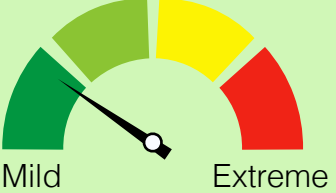



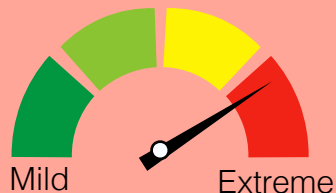





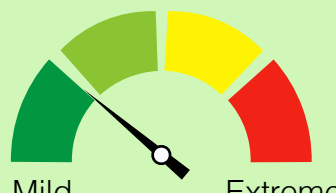
Treatment Comparison:

Natural Alternatives vs Pharmaceutical Drugs



**BOTANICAL
LEGAL
DEFENSE**

Dietary supplements are used everyday as safe and natural alternatives to risky pharmaceuticals. It is important to understand the true risk behind all treatment options, and not let misinformation dictate policy.

| | | Pharmaceutical Drug | Natural Alternative | |
|-------------|---------|---|--|--|
| Pain Relief | Product | Vicodin  | Kratom  |  <p><i>"We're trying to decrease the amount of opiates that are prescribed for pain. (Kratom) is not a panacea, but the addictive potential seems a heck of a lot less than that of opiates."</i></p> <p>- Dr. Timothy Westlake, Wisconsin Controlled Substance Board Member</p> |
| | Risks | <ul style="list-style-type: none"> Per day, 44 people die from prescription opioid overdose Highly addictive for ALL users | <ul style="list-style-type: none"> Zero deaths on record Mildly addictive for heavy consumers | |
| | Potency |  |  | |
| Insomnia | Product | Ambien  | Melatonin  |  <p>Massachusetts Institute of Technology</p> <p><i>"Melatonin is an effective sleep aid for older insomniacs and others. Misuse of the hormone had led some to question its efficacy, but the latest work could jump-start interest in the dietary supplement."</i></p> <p>- Massachusetts Institute of Technology</p> |
| | Risks | <ul style="list-style-type: none"> Sleeping pill users die 4.6x more often than those that don't Addiction can occur within 2 weeks | <ul style="list-style-type: none"> Overdoses have been reported Mildly addictive for heavy consumers | |
| | Potency |  |  | |
| Depression | Product | Paxil  | St. John's Wort  |  <p><i>"Given its better side effect profile, St. John's wort might be a better option for chronic depression than standard antidepressants"</i></p> <p>- British Medical Journal</p> |
| | Risks | <ul style="list-style-type: none"> Pharmaceutical drugs kill 1 American every 19 minutes Addictive for nearly all users | <ul style="list-style-type: none"> Zero deaths on record Mildly addictive for heavy consumers | |
| | Potency |  |  | |